




ORIGINAL RESEARCH

Long-Term Outcomes and Duration of Dual Antiplatelet Therapy After Coronary Intervention With Second-Generation Drug-Eluting Stents: The Veterans Affairs Extended DAPT Study

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BACKGROUND: Recent guidelines on dual antiplatelet therapy (DAPT) duration after percutaneous coronary intervention (PCI) balance the subsequent risks of major bleeding with ischemic events. Although generally favoring shorter DAPT duration with second-generation drug-eluting stents, the effects on long-term outcomes in the wider population are uncertain.

METHODS AND RESULTS: We tracked all patients having PCI with second-generation drug-eluting stents in the Veterans Affairs Healthcare System between 2006 and 2016 for death, myocardial infarction, stroke, and major bleeding up to 13 years. We compared these outcomes with 4 DAPT durations of 1 to 5, 6 to 9, 10 to 12, and 13 to 18 months after the index PCI using hazard ratios (HRs) and 95% CIs from Cox proportional hazards models adjusted by inverse probability weighting. A total of 40 882 subjects with PCI were followed up for a median of 4.3 (25%–75%: 2.4–6.5) years. DAPT discontinuation was rare early after PCI (5.8% at 1–5 months and 6.3% at 6–9 months) but increased (19% and 44%) >9 months. The risk of cardiovascular and noncardiovascular death was higher (HR, 2.03–3.41) with DAPT discontinuation <9 months, likely reflecting premature cessation from factors related to early death. DAPT discontinuation after 9 months following PCI was associated with lower risks of death (HR, 0.93 [95% CI, 0.88–0.99]), cardiac death (HR, 0.79 [95% CI, 0.70–0.90]), myocardial infarction (HR, 0.75 [95% CI, 0.69–0.82]), and major bleeding (HR, 0.82 [95% CI, 0.74–0.91]). Results were similar with an index PCI for an acute coronary syndrome.

CONCLUSIONS: Stopping DAPT after 9 months is associated with lower long-term risks of adverse ischemic and bleeding events and supports recent guidelines of shorter duration DAPT after PCI with second-generation drug-eluting stents.

Key Words: drug-eluting stents ■ dual antiplatelet therapy ■ duration ■ outcomes ■ percutaneous coronary interventions

See Editorial by Mourikis and Polzin.

Studies using older stent designs show that extending dual antiplatelet therapy (DAPT) by >12 months after percutaneous coronary intervention (PCI) lowers the risk of myocardial infarction (MI) but increases the risk of major bleeding.^{1–3} Studies with second-generation

drug-eluting stents suggest shorter-duration DAPT may offer a more favorable benefit/risk ratio in patients with lower risk of ischemic events or higher risks of bleeding. Randomized trials and meta-analyses of DAPT duration show that DAPT duration of 6 versus 12 months in

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CLINICAL PERSPECTIVE

What Is New?

- Long-term risks of ischemic and major bleeding events are lower in patients who discontinue dual antiplatelet therapy (DAPT) after 9 months following percutaneous coronary intervention (PCI) with second-generation drug-eluting stents.
- These results also occur in patients having PCI for acute coronary syndromes.
- Together, these results support recent guidelines for shorter-duration DAPT after PCI.

What Are the Clinical Implications?

- Long-term ischemic and bleeding risks may be lower by stopping DAPT after 9 months following PCI rather than extending DAPT beyond this duration.
- Patients having PCI for acute coronary syndromes may also have shorter-duration DAPT.

Nonstandard Abbreviations and Acronyms

DAPT	dual antiplatelet therapy
VA	Veterans Affairs

selected groups offers similar ischemic risk with a lower bleeding risk.^{4–9} As a result, current guidelines suggest a minimum of 6 months DAPT after PCI for stable coronary syndromes and 12 months for acute coronary syndromes (ACSs).^{1,3} In patients at high bleeding risk, more recent studies suggest that 1- to 3-month versus 12-month DAPT may lower the risk of major bleeding after PCI.^{10–16}

Many of the studies supporting the guidelines examined outcomes up to 1 to 2 years after PCI, but the balance of cardiovascular, noncardiovascular, and bleeding outcomes may change over longer follow-up. It is uncertain if the current guidelines avoiding long DAPT duration reflect optimal risk over longer follow-up in a wider population than the clinical trials. We sought to describe the relationships of death, cause-specific death, MI, and major bleeding after PCI with second-generation drug-eluting stents and relate these to DAPT duration in all patients in the Veterans Affairs (VA) Healthcare System over a time frame that preceded the current guidelines.

METHODS

Because of the sensitive nature of the data collected for this study, requests to access the data set from qualified researchers trained in human subject confidentiality

protocols may be sent to Dr Scott Kinlay at the VA Boston Healthcare System. We identified all patients having PCI with second-generation drug-eluting stents in the VA Healthcare System from 2006 until 2016 from the VA Clinical Assessment Reporting and Tracking program.¹⁷ The Clinical Assessment Reporting and Tracking program records all PCIs in the VA Healthcare System and includes procedural data, such as the dimension and name of stents implanted. These data were imported into the secure VA Informatics and Computing Infrastructure server, and patient data were linked to the VA Corporate Data Warehouse, which provided baseline demographic data, clinical history information, duration of medication prescriptions, and the diagnoses for readmissions. We also linked data on non-VA hospital admission diagnoses from the VA Information Resource Center, which links data from the Centers for Medicare and Medicaid Services database (Medicaid inpatient, and Medicare Provider Analysis and Review, files). Death was ascertained from the VA Death Index and cause of death from the Joint VA and Department of Defense Center of Excellence for Mortality Data Repository linked to the National Death Index. The study was approved by the VA Boston Institutional Review Board with consent waived.

Subjects were excluded if they had missing or incongruent data, no record of DAPT use after PCI, ticlopidine use, or missing stent dimensions (Figure 1). We also excluded patients with death in the first 14 days after PCI, as it is uncertain if this related to salvage cases or technical issues with the index PCI.

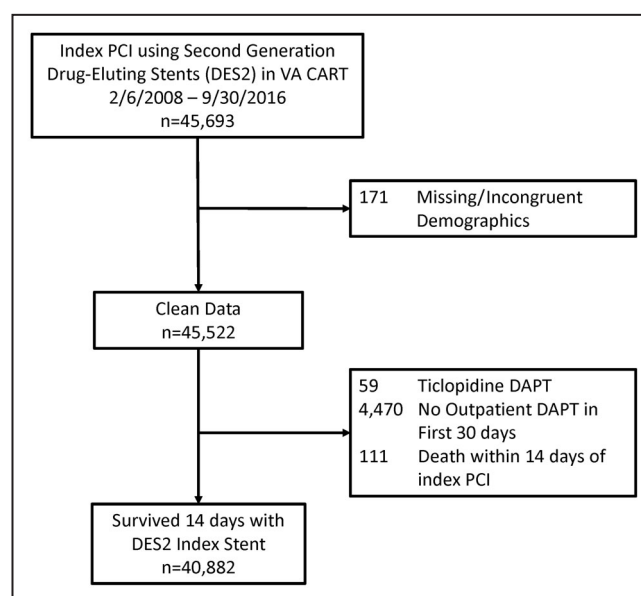


Figure 1. Flowchart of exclusions and the final cohort.

CART indicates Clinical Assessment Reporting and Tracking; DAPT, dual antiplatelet therapy; DES2, second-generation drug-eluting stent; PCI, percutaneous coronary intervention; and VA, Veterans Affairs.

DAPT Use and Procedural Data

Aspirin purchased over the counter outside the VA is not recorded in the pharmacy database and is a common practice among veterans who are required to pay copayments for VA drugs (ie, veterans without catastrophic disabilities, who do not have a service-related disability of at least 50%, and who are considered able to afford copayments). Aspirin use is a VA quality assessment measure, and other studies at the beginning of the time period in our study show high use of aspirin in VA patients with coronary artery disease.¹⁸

We tracked prescriptions for P2Y₁₂ inhibitors (clopidogrel, ticlopidine, and prasugrel) over the duration of follow-up. Because VA prescriptions are usually written for 90-day time periods, if a P2Y₁₂ prescription lapsed by >90 days from the last day of supply, the patient was considered not on DAPT. We structured the data with 18 different starting points for each of the first 18 months after the index PCI. Each month, patients were categorized as on DAPT for the entire month or discontinued DAPT during the month. Because people who discontinue DAPT early generally stop because of an increased risk of an event, we could not directly compare people based on their discontinuation month. Instead, we created a starting point at each of the 18 months following PCI and ran monthly comparisons of those on DAPT to those who discontinued DAPT during each starting month. Baseline medications were defined by their use in the month before each start month.

To assess the risks of discontinuing DAPT, we collapsed the monthly data into 4 time periods after the index PCI, corresponding to the recommended duration in current guidelines and 2 intermediate time intervals. The time intervals were 1 to 5, 6 to 9, >9 to 12, and >12 to 18 months after PCI.

Demographic and Comorbidity Data

Data from the index PCI included patient sex, race, prior MI, prior PCI, prior coronary artery bypass grafting, prior stroke, prior major bleed, and smoking status. Smoking was defined as “never smoked” or “current or former smoking” using a probabilistic algorithm validated in the Million Veterans Program.¹⁹ Age was assessed at the start of each month after PCI. We defined comorbidities based on *International Classification of Diseases, Ninth Revision (ICD-9)*, and *International Classification of Diseases, Tenth Revision (ICD-10)*, in the 5 years before PCI (Table S1). Baseline comorbidities were assessed from 5 years before the index PCI until the start of each month after PCI. An ACS at the index PCI was defined from 7 days before until 14 days after the index PCI. ACS and major bleed were also defined from 15 days after index PCI to the start of each month after PCI.

Outcomes

We determined the clinical outcomes of death, MI, stroke, and major bleeding starting 14 days after the initial PCI using ICD-9 and ICD-10 codes (Table S1). We excluded events within 14 days as prior studies using the VA Clinical Assessment Reporting and Tracking database show that these may reflect admission diagnoses leading to hospitalization and the index PCI or relate to procedural complications.²⁰ Cause of death was grouped by cardiac death, noncardiac vascular death, and noncardiovascular death using criteria described in the DAPT trial (Table S1).²

Statistical Analysis

The 4 time periods (1–5, 6–9, >9–12, and >12–18 months after the index PCI) were considered separate cohorts containing subjects who stopped DAPT within the time period and subjects who continued DAPT during the time period. Clinical outcomes were followed from the time period until the end of follow-up up to a maximum 13 years after the index stent and a short-term risk assessed outcomes up to 2 years after the time period. Subjects were censored at the end of the follow-up period (February 29, 2020), 18 months after the last medical record in the VA electronic medical record, the date they resumed DAPT after stopping DAPT for >90 days, or the date of death (for nondeath outcomes).

Baseline demographics, comorbidities, and stent dimensions were described as means and SDs or frequencies and percentages, as appropriate. Event curves for the outcomes for each time period compared subjects who discontinued DAPT from those who continued DAPT during the time period. Hazard ratios (HRs) and 95% CIs for each clinical outcome were estimated from Cox proportional hazards regression models. We used stabilized inverse probability of treatment weighting based on the propensity to stop DAPT within a given time period to adjust the HRs for potential confounders. The propensity weights were developed separately for each of the 4 time periods from regression models of characteristics at the beginning of each time period (Table S2). We assessed statistical significance at the $P<0.01$ level because of multiple end points.

Sensitivity analyses included interaction terms for subjects who had PCI for an ACS versus no ACS, anticoagulation versus no anticoagulation, and event curves by the subgroups of clopidogrel and ticagrelor or prasugrel. All programming used SAS statistical software. Data are available on request to the authors.

RESULTS

From 2006 to 2016, 70 635 unique patients had a PCI in the VA Healthcare System. Of these patients, 40 882 had PCI with a second-generation drug-eluting stent,

survived at least 14 days after their PCI, and had at least 1 outpatient prescription in the first month after PCI (Figure 1). Follow-up ended in February 2020, and the median duration of follow-up was 4.3 (interquartile range, 2.4–6.5) years.

Figure 2 shows the number and percentage of patients discontinuing DAPT at each of the 4 time periods after the index PCI. A small proportion of patients (5%–6%) discontinued DAPT in each of the first 2 time periods, but this increased over time to nearly half of subjects stopping DAPT after 1 year. Table 1 shows the baseline characteristics of subjects for each of the 4 time periods grouped by whether they discontinued or continued DAPT within that time frame. The mean age at the index PCI was 65 to 66 years, and patients with an ACS more likely discontinued DAPT at later time periods. Other comorbidities and medical treatments were similar between the groups, with high uses of statins (>90%), angiotensin-converting enzyme inhibitors (48%–65%), and angiotensin receptor blockers (12%–17%). Aspirin use prescribed by the VA Healthcare System was high soon after discharge in the first time period but decreased to approximately half the subjects in later time periods and likely reflects the common use of over-the-counter aspirin by veterans over the time frame of the study.¹⁸

Table S3 shows comparisons of baseline characteristics of patients excluded and included in the study. There were significant differences in many characteristics. Chart review showed that many of the patients without a DAPT prescription within 30 days of the index PCI were discharged to long-term care and were at higher short-term risk of adverse events (older age, frailty, and multiple comorbidities), as outlined in our

previous study.¹⁹ Patients who died within 14 days also reflected more complex cases (eg, salvage PCI) or possibly mechanical complications related to the index PCI. We excluded these patients as they may have biased the primary goal of assessing the long-term effects of DAPT duration.

Table 2 shows the procedural characteristics at the index PCI, including the coronary arteries stented, type of stent, stent diameters, total stent length, and post-PCI P2Y₁₂ inhibitor. For the 10- to 12- and 13- to 18-month groups, subjects remaining on DAPT were more likely to have left main or graft PCI, use of Promus stents, or multiple stents.

Figure 3 shows the event curves for outcomes for each of the 4 time periods according to patients who discontinued versus continued DAPT. All-cause death was higher among subjects who discontinued DAPT in the first 1 to 5 and 6 to 9 months after PCI but was not different among subjects discontinuing DAPT after 9 months. The differences for MI and major bleeding were smaller in the first 2 time periods, but after 9 months, DAPT discontinuation was associated with less bleeding and MI.

Table 3 shows the incidence rates and HRs and 95% CIs for the outcomes for each time period. All-cause death was significantly higher for patients who discontinued DAPT within 1 to 5 and 6 to 9 months after PCI, with the greatest increase in death occurring within 30 to 60 days of each of these time periods (Figure 3). However, there were no differences in MI or bleeding with stopping DAPT <9 months after PCI. This suggests that the higher all-cause mortality was unrelated to stopping antithrombotic agents and that other factors related to death were driving DAPT cessation rather than the other way around.

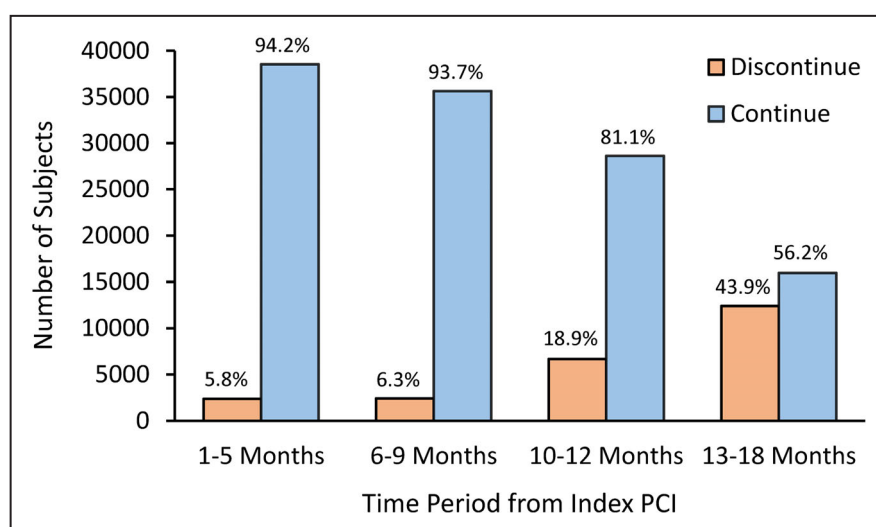


Figure 2. Number and proportion of patients discontinuing dual antiplatelet therapy in the 4 time periods after the index PCI. PCI indicates percutaneous coronary intervention.

Table 1. Description of the Cohort by Each of the 4 Time Periods After PCI and by DAPT Use Within 4 Time Periods After PCI

Variable	Months 1–5 (n=40882)			Months 6–9 (n=38041)			Months 10–12 (n=35274)			Months 13–18 (n=28361)		
	DAPT discontinued	On DAPT		DAPT discontinued	On DAPT		DAPT discontinued	On DAPT		DAPT discontinued	On DAPT	
	(n=2351)	(n=38531)		(n=2408)	(n=35633)		(n=6667)	(n=28607)		(n=12408)	(n=15953)	
Age, mean (SD), y	65.5 (9.9)	65.5 (8.7)		65.9 (9.8)	65.8 (8.6)		65.9 (8.6)	66.0 (8.6)		66.1 (8.8)	66.5 (8.4)	
Men, n (%)	2318 (98.6)	37894 (98.4)		2367 (98.3)	35043 (98.3)		6545 (98.2)	28144 (98.4)		12210 (98.4)	15690 (98.4)	
Acute coronary syndrome at index PCI, n (%)	244 (10.4)	5151 (13.4)*		435 (18.1)	6196 (17.4)		1010 (15.2)	5916 (20.7)*		2400 (19.3)	4422 (27.7)*	
Current smoker, n (%)	913 (38.8)	12643 (32.8)*		911 (37.8)	11566 (32.5)*		2159 (32.4)	9297 (32.5)		4142 (33.4)	5070 (31.8)	
Former smoker, n (%)	1030 (43.8)	18706 (48.6)*		1065 (44.2)	17384 (48.8)*		3314 (49.7)	13991 (48.6)		5906 (47.6)	7849 (49.2)	
Comorbidities, n (%)												
Anemia	611 (26.0)	8556 (22.2)*		664 (27.6)	8273 (23.2)*		1457 (21.9)	7028 (24.6)*		3095 (24.9)	4257 (26.7)*	
Angina	980 (41.7)	17952 (46.6)*		1158 (48.1)	17201 (48.3)		2927 (43.9)	14477 (50.6)*		5882 (47.4)	8922 (55.9)*	
Congestive heart failure	792 (33.7)	10898 (28.3)*		828 (34.4)	10298 (28.9)*		1757 (26.4)	8622 (30.1)*		3538 (28.5)	5307 (33.3)*	
Chronic kidney disease	496 (21.1)	7721 (20.0)		554 (23.0)	7324 (20.6)†		1244 (18.7)	6152 (21.5)*		2568 (20.7)	3759 (23.6)*	
COPD	848 (36.1)	12755 (33.1)†		846 (35.1)	12096 (34.0)		2145 (32.2)	10053 (35.1)*		4244 (34.2)	5962 (37.4)*	
Diabetes on insulin	944 (40.2)	15920 (41.3)		1013 (42.1)	14841 (41.7)		2536 (38.0)	12239 (42.8)*		4926 (39.7)	7334 (46.0)*	
Diabetes on oral treatment	906 (38.5)	16397 (42.6)*		978 (40.6)	15391 (43.2)†		2676 (40.1)	12671 (44.3)*		5176 (41.7)	7559 (47.4)*	
Hypertension	2180 (92.7)	36340 (94.3)†		2259 (93.8)	33852 (95.0)		6269 (94.0)	27362 (95.7)*		11801 (95.1)	15446 (96.8)*	
Peripheral artery disease	204 (8.7)	2883 (7.5)		212 (8.8)	2765 (7.8)		424 (6.4)	2365 (8.3)*		798 (6.4)	1644 (10.3)*	
Cancer and chemotherapy or radiotherapy	89 (3.8)	1667 (4.3)		145 (6.0)	1574 (4.4)*		313 (4.7)	1312 (4.6)		578 (4.7)	777 (4.9)	
History, n (%)												
Prior myocardial infarct	234 (10.0)	2800 (7.3)*		217 (9.0)	2496 (7.0)†		366 (5.5)	2052 (7.2)*		703 (5.7)	1303 (8.2)*	
Prior PCI	204 (8.7)	2564 (6.7)†		177 (7.4)	2337 (6.6)		313 (4.7)	1984 (6.9)*		621 (5.0)	1339 (8.4)*	
Prior CABG	85 (3.6)	1330 (3.5)		78 (3.2)	1236 (3.5)		186 (2.8)	1039 (3.6)†		332 (2.7)	694 (4.4)*	
Prior stroke	82 (3.5)	1081 (2.8)		87 (3.6)	959 (2.7)		128 (1.9)	801 (2.8)*		305 (2.5)	480 (3.0)†	
Prior major bleed	115 (4.9)	1402 (3.6)†		114 (4.7)	1238 (3.5)†		208 (3.1)	1003 (3.5)		405 (3.3)	568 (3.6)	
Medications, n (%)												
Aspirin (VA prescribed)	2271 (96.6)	37222 (96.6)		1220 (50.7)	19398 (54.4)†		2962 (44.4)	14275 (49.9)*		5608 (45.2)	8971 (56.2)*	

(Continued)

Table 1. (Continued)

Variable	Months 1–5 (n=40882)			Months 6–9 (n=38041)			Months 10–12 (n=35274)			Months 13–18 (n=28361)		
	DAPT discontinued	On DAPT		DAPT discontinued	On DAPT		DAPT discontinued	On DAPT		DAPT discontinued	On DAPT	
	(n=2351)	(n=38531)		(n=2408)	(n=35633)		(n=6667)	(n=28607)		(n=12408)	(n=15953)	
Oral anticoagulant	227 (9.7)	3778 (9.8)		265 (11.0)	2907 (8.2)*		605 (9.1)	2169 (7.6)*		1220 (9.8)	1074 (6.7)*	
ACE inhibitor	1534 (65.3)	24687 (64.1)		1221 (50.7)	19601 (55.0)*		3264 (49.0)	15093 (52.8)*		6031 (48.6)	8791 (55.1)*	
Angiotensin receptor blocker	296 (12.6)	6090 (15.8)*		281 (11.7)	5481 (15.4)*		936 (14.0)	4454 (15.6)†		1840 (14.8)	2801 (17.6)*	
β-Blocker	2165 (92.1)	35802 (92.9)		1835 (76.2)	30731 (86.2)*		5307 (79.6)	24268 (84.8)*		9948 (80.2)	14175 (88.9)*	
Calcium channel blocker	743 (31.6)	13672 (35.5)†		607 (25.2)	10148 (28.5)†		1763 (26.4)	8017 (28.0)†		3343 (26.9)	4944 (31.0)*	
Statin	2256 (96.0)	37506 (97.3)*		1956 (81.2)	32902 (92.3)*		5831 (87.5)	25806 (90.2)*		10735 (86.5)	14867 (93.2)*	
Antiplatelet other	171 (7.3)	3777 (9.8)*		147 (6.1)	2731 (7.7)†		417 (6.3)	2078 (7.3)†		722 (5.8)	1388 (8.7)*	
Antiarrhythmic	112 (4.8)	1310 (3.4)†		81 (3.4)	914 (2.6)		166 (2.5)	691 (2.4)		300 (2.4)	443 (2.8)	
Diuretic	1007 (42.8)	17407 (45.2)		867 (36.0)	13233 (37.1)		2195 (32.9)	10524 (36.8)*		4218 (34.0)	6521 (40.9)*	
NSAID	361 (15.4)	7495 (19.5)*		229 (9.5)	4331 (12.2)†		680 (10.2)	3094 (10.8)		1258 (10.1)	2275 (14.3)*	
Protein pump inhibitor	1120 (47.6)	20480 (53.2)*		876 (36.4)	14834 (41.6)*		2488 (37.3)	11427 (39.9)*		4771 (38.5)	7002 (43.9)*	
Blood values, mean (SD)												
eGFR, mL/min	75 (23.4)	75 (20.6)		73 (23.4)	74 (20.8)		74 (20.6)	73 (21.0)*		74 (21.0)	72 (21.1)*	
Glucose, mg/dL	133 (47.7)	132 (45.2)		132 (55.5)	131 (49.6)		129 (50.4)	131 (52.4)†		129 (51.6)	133 (49.7)*	
Hemoglobin, g/dL	13.3 (1.8)	13.5 (1.6)*		13.3 (1.9)	13.6 (1.6)*		13.7 (1.7)	13.7 (1.6)		13.7 (1.7)	13.7 (1.6)†	
White cell count, 1000/mm ³	8.0 (2.8)	7.8 (2.5)*		7.7 (2.9)	7.6 (2.5)		7.5 (2.8)	7.6 (2.5)		7.5 (2.4)	7.5 (2.7)	
Platelet count, 1000/mm ³	211 (64)	206 (58)*		213 (66)	208 (59)†		211 (63)	209 (60)		211 (61)	209 (59)	
LDL cholesterol, mg/dL	96 (36)	88 (32)*		89 (37)	81 (31)*		82 (32)	80 (31)*		81 (33)	78 (30)*	
HDL cholesterol, mg/dL	40 (12)	39 (11)		40 (12)	39 (11)		40 (11)	40 (11)*		40 (12)	40 (11)*	
Troponin, ng/mL	3.2 (12.9)	2.5 (9.5)†		2.2 (7.8)	2.2 (9.1)		1.9 (7.8)	2.0 (8.8)		1.9 (7.9)	1.8 (8.8)	
N-terminal Pro-B-type natriuretic peptide, pg/mL	404.7 (839.6)	261.8 (661.1)*		352.0 (742.2)	241.2 (653.7)*		240.5 (827.3)	232.6 (644.2)		213.4 (451.9)	238.6 (776.4)	

ACE indicates angiotensin-converting enzyme inhibitor; CABG, coronary artery bypass grafting; COPD, chronic obstructive pulmonary disease; DAPT, dual antiplatelet therapy; eGFR, estimated glomerular filtration rate; HDL, high-density lipoprotein; LDL, low-density lipoprotein; PCI, percutaneous coronary intervention; and VA, Veterans Affairs.
*P<0.001, †P<0.01 (comparisons within each time frame).

Table 2. Lesion and Procedure Details for the Index PCI by Treatment Time Period

Variable	Months 1–5 (n=40882)				Months 6–9 (n=38041)				Months 10–12 (n=35274)				Months 13–18 (n=28361)			
	DAPT discontinued		On DAPT		DAPT discontinued		On DAPT		DAPT discontinued		On DAPT		DAPT discontinued		On DAPT	
	(n=2351)	(n=38531)	(n=2408)	(n=35633)	(n=2408)	(n=35633)	(n=2408)	(n=35633)	(n=6667)	(n=28607)	(n=12408)	(n=15953)	(n=12408)	(n=15953)	(n=12408)	(n=15953)
PCI arteries, n (%)																
Left anterior descending	979	(41.6)	16 116	(41.8)	1022	(42.4)	14 885	(41.8)	2825	(42.4)	11 925	(41.7)	5292	(42.6)	6516	(40.8)
Left circumflex	696	(29.6)	11 164	(29.0)	707	(29.4)	10 312	(28.9)	1968	(29.5)	8223	(28.7)	3575	(28.8)	4576	(28.7)
Right coronary	702	(29.9)	12 082	(31.4)	704	(29.2)	11 252	(31.6)	2111	(31.7)	9055	(31.7)	4065	(32.8)	4932	(30.9)
Left main	91	(3.9)	1265	(3.3)	79	(3.3)	1144	(3.2)	122	(1.8)	993	(3.5)*	244	(2.0)	734	(4.6)*
Graft (vein or arterial)	160	(6.8)	2406	(6.2)	159	(6.6)	2196	(6.2)	319	(4.8)	1832	(6.4)*	572	(4.6)	1234	(7.7)*
Stent brand, n (%)																
Endeavor	169	(7.2)	2319	(6.0)	143	(5.9)	2149	(6.0)	374	(5.6)	1754	(6.1)	708	(5.7)	1032	(6.5)†
Promus	547	(23.3)	9732	(25.3)	556	(23.1)	9052	(25.4)	1516	(22.7)	7453	(26.1)*	2993	(24.1)	4398	(27.6)*
Resolute	395	(16.8)	6276	(16.3)	458	(19.0)	5710	(16.0)†	1079	(16.2)	4557	(15.9)	2092	(16.9)	2424	(15.2)†
Xience	1330	(56.6)	21661	(56.2)	1326	(55.1)	20082	(56.4)	3932	(59.0)	15948	(55.8)*	7022	(56.6)	8787	(55.1)
Procedural details, n (%)																
1 Stent	1452	(61.8)	23863	(61.9)	1511	(62.7)	22069	(61.9)	4370	(65.5)	17 497	(61.2)*	7999	(64.5)	9366	(58.7)*
2 Stents	601	(25.6)	9794	(25.4)	601	(25.0)	9069	(25.5)	1605	(24.1)	7369	(25.8)	3080	(24.8)	4219	(26.4)
>3 Stents	298	(12.7)	4874	(12.6)	296	(12.3)	4495	(12.6)	692	(10.4)	3741	(13.1)	1329	(10.7)	2368	(14.8)
Maximum stent diameter, mean (SD), mm	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)	3.0	(0.5)
Total stent length, mean (SD), mm	30.5	(19.7)	31.1	(21.4)	31.1	(21.2)	31.0	(21.3)	26.9	(19.9)	31.3	(21.6)*	29.7	(19.9)	32.5	(22.6)*
Fluoroscopy time, mean (SD), min	17.9	(61.3)	17.3	(125.3)	17.1	(44.5)	17.4	(129.9)	15.9	(48.9)	17.7	(143.0)	15.6	(38.2)	19.2	(189.2)
Total contrast, mean (SD), mL	197.6	(111.7)	208.6	(836.2)	197.7	(100.9)	209.3	(869.7)	199.4	(99.9)	211.5	(969.2)	202.1	(400.1)	218.6	(1246.6)
Post-PCI P2Y ₁₂ inhibitor, n (%)																
Clopidogrel	2208	(93.9)	36589	(95.0)	2204	(91.5)	32810	(92.1)	6149	(92.2)	26295	(91.9)	11 384	(91.8)	14 774	(92.6)
Ticagrelor	103	(4.4)	1358	(3.5)	93	(3.9)	996	(2.8)	155	(2.3)	815	(2.9)	335	(2.7)	505	(3.2)
Prasugrel	128	(5.4)	2329	(6.0)	117	(4.9)	2085	(5.9)	372	(5.6)	1686	(5.9)	712	(5.7)	988	(6.2)

There are multiple counts in some patients. PCI indicates percutaneous coronary intervention. *P<0.001, †P<0.01 (comparisons within each time frame).

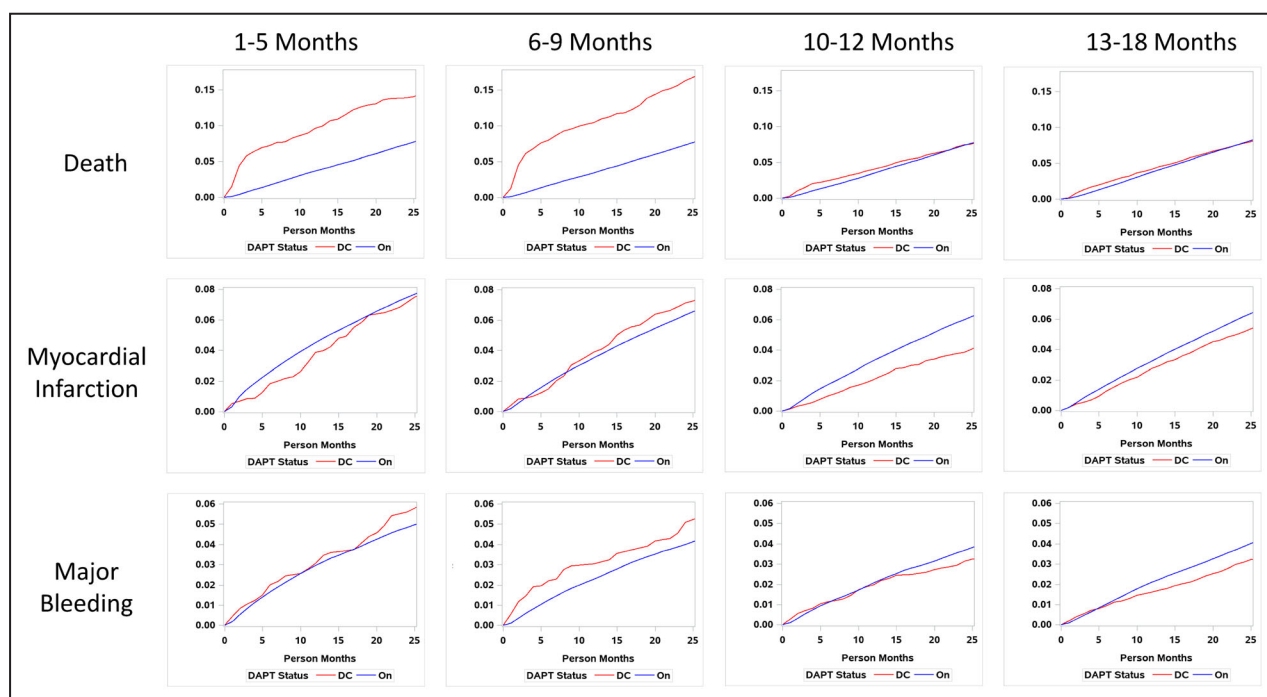


Figure 3. Event curves by DAPT use for death, myocardial infarction, and stroke over the 4 time periods after the index percutaneous coronary intervention.

DAPT indicates dual antiplatelet therapy; and DC, discontinued.

All-cause death, MI, and major bleeding were significantly lower for DAPT discontinuation between >9 and 12 or >12 months versus continuing DAPT in these time periods. Adjustment with multiple variables related to the propensity of DAPT discontinuation using inverse probability weighting did not affect these results.

Cause of Death

Event curves for cause of death showed a similar pattern for all-cause death, with DAPT discontinuation before 9 months associating with a higher risk of cardiac death, vascular death, and noncardiovascular death (Figure 4). Table 3 shows the HRs for the 3 causes of death with discontinuing DAPT. Cardiac death, vascular death, and noncardiovascular death were all significantly associated with DAPT discontinuation in the 1 to 5 and 6 to 9 months after PCI. However, DAPT discontinuation >9 months after PCI only associated with less cardiac death and was not associated with vascular or noncardiovascular death.

Sensitivity Analyses

Sensitivity analyses restricting the outcomes to a shorter time frame up to 2 years after PCI accentuated the main findings based on events occurring up until the end of follow-up at a maximum of 13 years after PCI (Table S4). We also used additional models with

interaction terms to assess the relationships of discontinuing DAPT within the clinically important subgroups of patients having PCI for an ACS or the use of anticoagulants. There were some significant interactions for ACS or use of anticoagulants at the index PCI (Figure 5 and Tables S5 and S6); however, the interactions were not consistent across all time periods, and the magnitude of the differences in the point estimates for HRs was directionally similar to the main results and did not affect the overall conclusions. Event curves based on subgroups of clopidogrel versus the more potent ticagrelor or prasugrel showed similar results (Figure S1).

DISCUSSION

This study differs from our earlier reports by examining late in addition to early outcomes after PCI and exclusively with second-generation drug-eluting stents.^{19,21–24} In this VA cohort, the proportion of patients discontinuing DAPT in the first 1 to 5 and 6 to 9 months was small, at 6% in each time period. This reflects the PCI guidelines over most of the study period, which recommended a minimum of 6 to 12 months DAPT after PCI,^{1,25} and possibly high adherence by ex-military patients in a relatively low-cost health care system.²⁶ Nonveteran populations may show different behaviors in the months shortly after PCI.

Table 3. Crude and IPTW HRs and 95% CIs for Outcomes Related to DAPT Discontinuation Within 4 Time Periods After PCI

Outcome	Time	DAPT				Crude	ITPW-adjusted
	after PCI, mo	Discontinued		Continued		HR (95% CI)	HR (95% CI)
		Events, n	Incidence [★]	Events, n	Incidence [★]		
Death							
	1–5	330	6.81	7624	3.56	2.17 (1.94–2.43) [†]	2.03 (1.81–2.28) [†]
	6–9	422	7.35	6712	3.51	2.27 (2.05–2.51) [†]	2.21 (1.99–2.45) [†]
	10–12	981	3.10	5372	3.65	0.90 (0.85–0.96) [‡]	0.93 (0.88–0.99)
	13–18	1941	3.41	3185	3.99	0.92 (0.88–0.97) [‡]	0.97 (0.92–1.02)
Cardiac death							
	1–5	113	2.41	2458	1.19	2.10 (1.75–2.53) [†]	2.03 (1.68–2.45) [†]
	6–9	130	2.37	2096	1.14	2.10 (1.76–2.49) [†]	2.03 (1.70–2.42) [†]
	10–12	255	0.83	1670	1.18	0.77 (0.68–0.87) [†]	0.79 (0.70–0.90) [†]
	13–18	519	0.95	1035	1.35	0.78 (0.71–0.85) [†]	0.82 (0.75–0.90) [†]
Noncardiac vascular death							
	1–5	19	0.41	284	0.14	3.20 (2.06–4.97) [†]	2.99 (1.91–4.68) [†]
	6–9	25	0.46	236	0.13	3.53 (2.40–5.19) [†]	3.41 (2.30–5.07) [†]
	10–12	40	0.13	188	0.13	1.03 (0.76–1.39)	1.06 (0.78–1.43)
	13–18	75	0.14	102	0.13	1.10 (0.85–1.44)	1.18 (0.91–1.54)
Noncardiovascular death							
	1–5	170	3.63	3654	1.77	2.26 (1.94–2.63) [†]	2.04 (1.75–2.38) [†]
	6–9	213	3.88	3208	1.74	2.35 (2.05–2.70) [†]	2.29 (1.99–2.64) [†]
	10–12	513	1.67	2520	1.78	0.98 (0.90–1.07)	1.02 (0.93–1.11)
	13–18	966	1.76	1438	1.88	1.01 (0.94–1.08)	1.05 (0.98–1.13)
Myocardial infarction							
	1–5	142	3.09	5995	3.00	1.09 (0.92–1.27)	1.05 (0.89–1.24)
	6–9	145	2.71	4448	2.50	1.11 (0.94–1.30)	1.07 (0.91–1.26)
	10–12	519	1.70	3413	2.52	0.74 (0.68–0.80) [†]	0.75 (0.69–0.82) [†]
	13–18	1096	2.02	2001	2.81	0.84 (0.78–0.89) [†]	0.86 (0.81–0.92) [†]
Major bleeding							
	1–5	97	2.12	3640	1.78	1.18 (0.97–1.44)	1.13 (0.92–1.38)
	6–9	104	1.94	2844	1.56	1.25 (1.03–1.51)	1.16 (0.95–1.41)
	10–12	344	1.14	2162	1.55	0.80 (0.72–0.89) [†]	0.82 (0.74–0.91) [†]
	13–18	650	1.20	1311	1.74	0.79 (0.73–0.86) [†]	0.82 (0.75–0.89) [†]
Stroke							
	1–5	53	1.13	1996	0.95	1.27 (0.97–1.67)	1.26 (0.96–1.66)
	6–9	69	1.24	1653	0.89	1.46 (1.15–1.84) [†]	1.44 (1.14–1.84) [†]
	10–12	227	0.73	1282	0.89	0.87 (0.76–0.99)	0.89 (0.78–1.01)
	13–18	449	0.81	740	0.96	0.96 (0.86–1.06)	1.00 (0.90–1.11)

DAPT indicates dual antiplatelet therapy; HR, hazard ratio; ITPW, inverse probability of treatment weighting; and PCI, percutaneous coronary intervention.

*Incidence=Events/1000 patient months.

† $P<0.001$.‡ $P<0.01$.

In the small numbers of patients who did discontinue DAPT at 1 to 5 and 6 to 9 months, all-cause death was higher. However, the increased risk of noncardiovascular death as well as cardiac and vascular death occurred early in these time periods and did not affect MI, suggesting a lack of specificity for coronary events that would be expected if early discontinuation of DAPT

caused death from stent thrombosis or MI. Thus, it is more likely that the high early death rate, even after adjustment for confounders, was a consequence of factors related to increased risk of death from any cause that drove DAPT cessation. Our prior analysis of an earlier cohort of veterans after PCI,¹⁹ and other short-term studies,^{27–31} shows that patients who prematurely

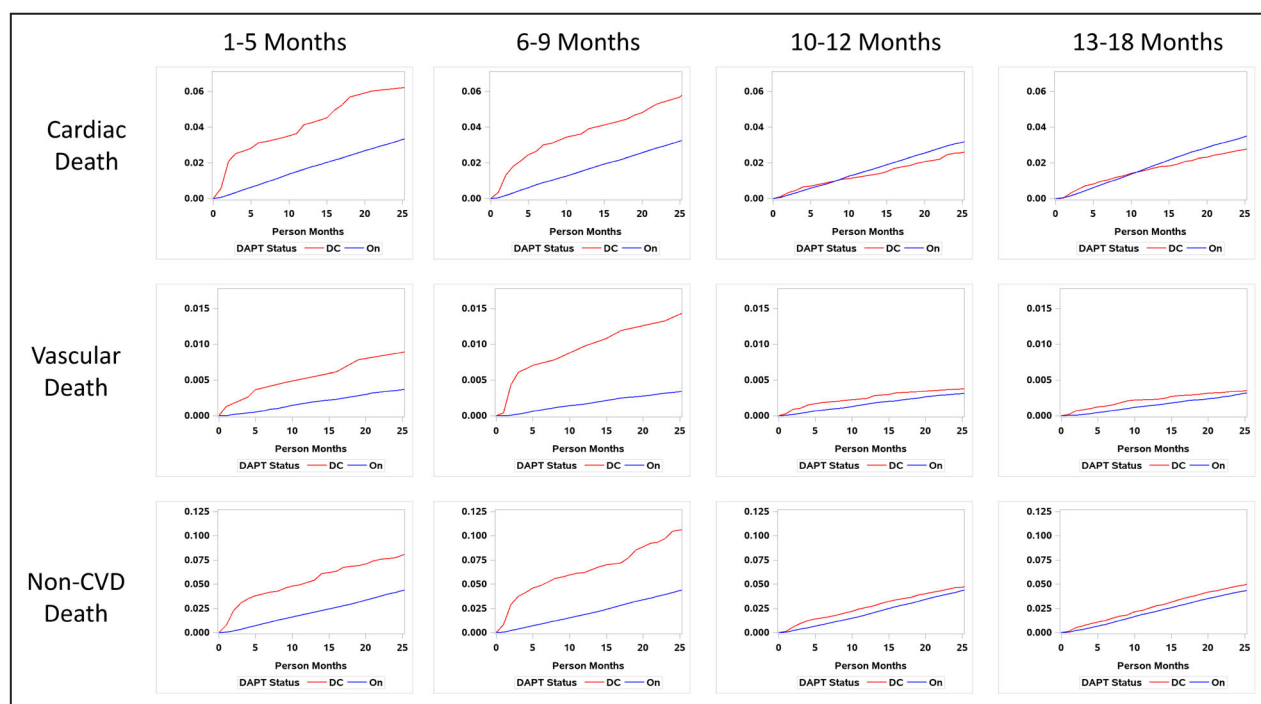


Figure 4. Event curves by DAPT use for cardiac death, vascular death, and noncardiovascular death. CVD indicates cardiovascular disease; DAPT, dual antiplatelet therapy; and DC, discontinued.

discontinued DAPT have greater frailty, lower use of statins, less education, avoidance of health care, and other social factors related to increased risk of adverse outcomes.

More recently randomized trials assessing deescalating DAPT to single antiplatelet aspirin or P2Y₁₂ inhibitors 1 to 3 months after PCI in patients at high bleeding risk show less major bleeding and no significant increase in ischemic events.^{10–16} Single-arm studies comparing monotherapy with P2Y₁₂ therapy after a short course of DAPT following PCI also show less bleeding compared with historical controls.^{32–34} However, there is some inconsistency with these short-DAPT regimens as the risk of MI was similar to longer DAPT for ticagrelor monotherapy 1 to 3 months after PCI for an ACS,^{13,35,36} but higher with clopidogrel monotherapy 1 to 2 months after PCI for an ACS.^{13,35,36} Thus, shorter courses of DAPT are increasingly justified after PCI, particularly for patients at high bleeding risk (eg, elderly patients, patients using anticoagulants, and patients with prior major bleeding), especially with coexisting low risks of ischemic events (eg, noncomplex coronary anatomy).³⁷

This cohort was more likely to provide informative data on the value of extending DAPT beyond 6 to 12 months after PCI with second-generation drug-eluting stents. Compared with subjects who continued DAPT, subjects who discontinued DAPT after 9 months following PCI had lower rates of all-cause death, and cardiac death, but not vascular or noncardiovascular death. This pattern of lower cardiac but no relationship

to noncardiac causes of death suggests the effect of DAPT discontinuation after this time period is specific to cardiac events and is relatively safe. Discontinuation of DAPT after 9 months was also associated with lower rates of major bleeding and MI. These relationships were stronger in analyses restricting the outcomes to the shorter 2-year time frame and again support a more direct effect of DAPT discontinuation on lower risk of adverse events. Our results were similar in the clinically important subgroups of PCI for ACSs and patients on anticoagulants at a time when single antiplatelet therapy was not widely embraced.

Our findings are more consistent with smaller randomized trials and observational studies assessing the value of ≥ 12 months of DAPT after PCI. Randomized trials of 6 versus 12 months of DAPT after PCI generally show similar risks of MI and ischemic end points with 6 months DAPT,^{4–6,9} with 1 study showing higher rates of MI and less major bleeding.³⁸ We did find significantly lower risk of cardiac death and MI with stopping DAPT after 9 months. This could reflect the effect of unknown confounders related to lower MI risk and DAPT discontinuation after this time period but overall does not indicate harm from shorter durations of DAPT up to 10 years after PCI. Our study of >40 000 patients having PCI with second-generation drug-eluting stents and followed up for an average of 4.3 years finds similar conclusions to meta-analyses of these studies with 1 to 2 years follow-up.^{39,40} Our results support shorter-duration DAPT followed by single antiplatelet therapy

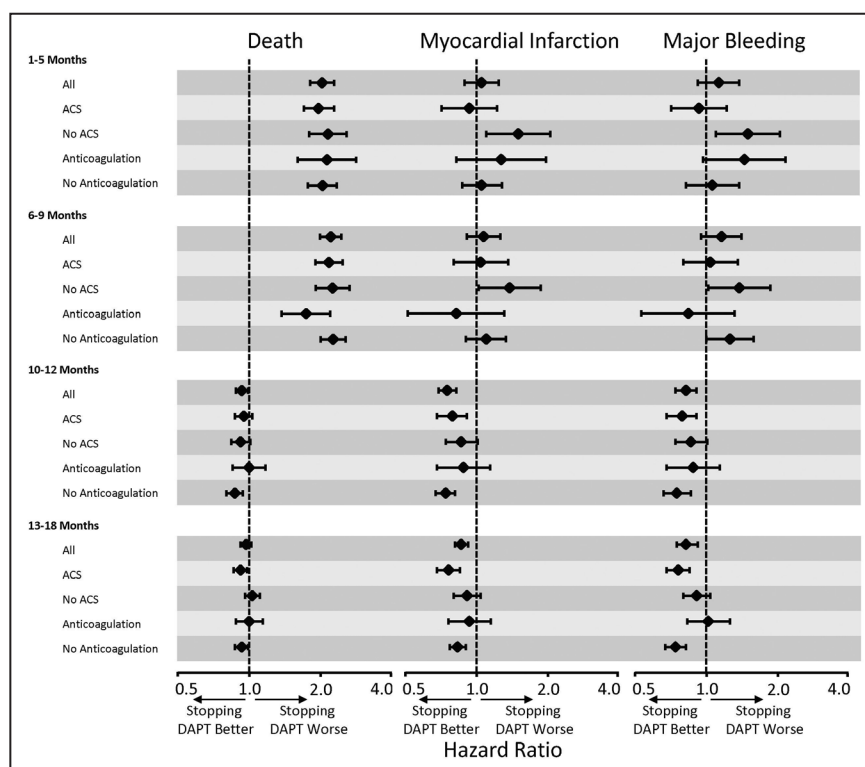


Figure 5. Hazard ratios for DAPT cessation on death, myocardial infarction, and major bleeding in the subgroups of ACSs and use of anticoagulation. ACSs indicates acute coronary syndromes; and DAPT, dual antiplatelet therapy.

in patients with second-generation drug-eluting stents regardless of a presentation of acute or stable coronary syndromes and without concerns of a late catch-up in the risk of MI.

Limitations

The limitations of our cohort study include the observational design and the potential for other factors confounding the relationships of increased risks of cause-specific deaths in the small proportion of patients who discontinued DAPT before 9 months. We have studied this group previously and found greater frailty and other less optimal health habits that likely drive this risk of death from cardiac and noncardiac sources rather than DAPT discontinuation per se. As a result, we cannot assess the relationship of DAPT duration of <9 months with this cohort. We have more confidence in our finding of a lower risk of death, cardiac death, MI, and major bleeding with stopping DAPT after 9 months, even in patients with ACSs. This finding is consistent with smaller clinical trials showing no benefit for extending DAPT to ≥ 12 months in patients receiving second-generation drug-eluting stents and extends this observation beyond prior studies up to 13 years after PCI. We were unable to assess the risk

of single antiplatelet therapy with P2Y₁₂ inhibitors, but this practice became more in vogue after our follow-up period. Although there were 670 women in our cohort, our results reflect the predominantly male population in the VA Healthcare System.

In conclusion, we find that patients who had PCI with second-generation drug-eluting stents had lower long-term risks of death, cardiac death, MI, and bleeding by stopping DAPT after 9 months following PCI, and the results do not support extending DAPT beyond this time frame. More recent randomized trials support even shorter durations of DAPT with second-generation drug-eluting stents, particularly in patients at high bleeding risk and low ischemic risk. Our results support current guidelines toward shorter DAPT duration in a wider national population of patients followed up for >10 years after PCI with second-generation drug-eluting stents.

ARTICLE INFORMATION

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Disclosures

None.

Supplemental Material

Tables S1–S6

Figure S1

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Supplemental Material

Table S1. ICD 9 and ICD 10 codes for comorbidities and outcomes.

CONDITION	ICD9-CM	ICD10-CM	ICD9-PCS	ICD10-PCS	CPT / HCPCS
Prior Percutaneous Coronary Intervention = prior drug-eluting stent (first or second-generation), bare metal stent, or balloon angioplasty					
First-generation drug-eluting stent			36.07	0270346, 027034Z, 0720356, 027035Z, 0270366, 027036Z, 0270376, 027037Z	C1874, C1875 OR [(G0290, G0291 before 2014) OR (C9600, C9601, C9602, C9603, C9604, C9605, C9606, C9607, C9608 from 2013 on)]
Second-generation drug-eluting stent			36.07	0270346, 027034Z, 0720356, 027035Z, 0270366, 027036Z, 0270376, 027037Z	C1874, C1875 OR [(G0290, G0291 before 2014) OR (C9600, C9601, C9602, C9603, C9604, C9605, C9606, C9607, C9608 from 2013 on)]
Bare metal stent			36.06	02703D6, 02703DZ, 02703E6, 02703EZ, 02703F6, 02703FZ, 02703G6, 02703GZ	C1876, C1877 OR [(92980 or 92981 before 2014) OR (92928, 92929, 92933, 92934, 92937, 92938, 92941, 92943, or 92944 from 2013 on) AND no DES C codes]
PCI with balloon angioplasty			0.66	02703Z6, 02703ZZ	92920, 92921
Prior coronary artery bypass surgery (CABG)			36.1	02100A3, 02100A8, 02100A9,	33510-33516, 33517-33523,

		02100AC, 02100AF, 02100AW, 0210093, 0210098, 0210099, 021009C, 021009F, 021009W	33530, 33533- 33536
Stroke	433.01, 433.11. 433.21, 433.31. 433.81, 433.91, 434.01, 434.11, 434.91, 436	I63	
Myocardial Infarction	410	I21	
Major Bleed	379.23, 423.0, 430, 431, 432, 568.81, 719.1 456.0, 459.0, 530.21, 530.7, 530.82, 531.00, 531.20, 531.40, 531.60, 531.01, 531.21, 531.41, 531.61, 532.00, 532.20, 532.40, 532.60, 532.01, 532.21, 532.41, 532.61, 533.00, 533.20, 533.40, 533.60, 533.01, 533.21, 533.41, 533.61, 534.00, 534.20, 534.40, 534.60, 534.01, 534.21, 534.41, 534.61, 535.01, 535.11, 535.21, 535.31, 535.41, 535.51, 535.61, 535.71, 537.83, 562.12, 562.13, 569.3, 569.85, 578.0, 578.1, 578.9, 784.8, 786.3	H43.1, I31.2, I60, I61, I62, K66.1, M25.0, K22.11, K22.6 , K25.0, K25.2, K25.4, K25.6, K26.0, K26.2, K26.4, K26.6, K27.0, K27.2, K27.4, K27.6, K28.0, K28.2, K28.4, K28.6, K29.01, K29.21, K29.31, K29.41, K29.51, K29.61, K29.71, K29.81, K29.91, K31.811, K55.21, K57.01, K57.13, K57.21, K57.31, K57.33, K57.41, K57.51, K57.53, K57.81, K57.91, K57.93, K62.5, K92.1, K92.2, R04.1, R04.8, R04.89, R04.9	

Moderate Bleed	596.7, 599.7, 784.7	04.0, R31	
Cardiac Death		I20-I25, I30-I52, R99	
Vascular Death		I26-I28, I60-I89	
Non-Cardiovascular Death		All not specified in cardiac or vascular	
Chronic kidney disease	585	N18	
Diabetes	250	E08, E09, E10, E11, E13	
Peripheral Artery Disease	440.2	I70.2, I70.3, I70.4, I70.5, I70.6, I70.6, I70.92	
Hypertension	401	I10, I15, I16	
Chronic Obstructive Pulmonary Disease (COPD)	490, 491, 492, 494, 496	J41, J42, J43, J44	
Congestive Heart Failure	428	I50	
Angina	413	I20.1, I20.8, I20.9, I25.11, I25.70, I25.71, I25.72, I25.73, I25.75, I25.76, I25.79	
Cancer	140 - 209.3, 209.7	C00-C26, C30-C34, C37-C41, C43-C58, C60-C85, C7A, C88, C90-C96, D45	
Chemotherapy	V58.1	Z51.11, Z51.12	964, 96535, 96538, GA0498, J9, Q0083, Q0084, Q0085, 4180F, 9955, C8953, C8954, C8955, G0070, G0355, G0359, G0361, G8372, G8373, G9829, J7150, Q0083, Q0084, Q0085,

			S9329, S9330, Z0904
Radiotherapy	V58.0	Z51.0,	77371, 77372, 77373, 77381, 77385, 77386, 7740, 77410, 77411, 77412, 77413, 77414, 77416, 77417, 77418, 77420, 77422, 77423 ,77424, 77425, 77427, 7743, 7746, 77499, 775, 77761, 77762, 77763, 77771, 77772, 77773, G0174, G0256, G0261, G6003, G6004, G6005, G6006, G6007, G6008, G6009, G6010, G6011, G6012, G6013, G6014, G6015, G6016, 0082T, 4165F, 4818F, 4812F, Z0903
Anemia	281, 283, 284, 285	D51, D52, D53, D59, D60, D61, D62, D63, D64	
Acute Coronary Syndrome	410, 411.1, 411.8	I21, I20.0	

Table S2. Variables entered & selected by regression for the propensity to stop DAPT.

2.1 Variables Entered Into Models for Each Time Period

Sex,
Age at start month,
Current Smoker at index PCI
Acute Coronary Syndrome (7-days before to 14-days after index PCI)
Acute Coronary Syndrome between index PCI and start of time period
Major Bleed prior to index PCI,
Major Bleed between index PCI and start of time period
Comorbidities from 5 years before index PCI to start of time period
 Anemia
 Angina
 Cancer and Chemotherapy or Radiation Therapy
 Congestive Heart Failure
 Chronic Kidney Disease
 Chronic Obstructive Pulmonary Disease
 Diabetes Mellitus requiring Insulin
 Diabetes Mellitus requiring Oral Medications
 Hypertension
 Peripheral Artery Disease
Medication use in the month prior to the start of the time period
 Angiotensin Converting Enzyme Inhibitor
 Antiarrhythmic agent
 Anticoagulant
 Statin
 Antilipemic Drug (other than statin)
 Angiotensin Receptor Blocker
 Calcium Channel Blocker
 Digitalis
 Diuretic
 Glucocorticoid
 Non-Steroidal Anti-inflammatory agent (NSAID)
 Proton Pump Inhibitor
Average blood chemistry value (month prior to start of time period or most recent value if no measure in a given month)
 Estimated Glomerular Filtration Rate
 Glucose
 Hemoglobin
 Total Cholesterol
Procedural Variables
 Stented artery
 Flouroscopy time
 Contrast volume
 Number of stents
 Platelet count

2.2 Variables Retained by Models

Time Period	Prediction Variables Retained
1-5 months	Age, acute coronary syndrome at index PCI, congestive heart failure, calcium channel blocker, proton pump inhibitor, estimated glomerular filtration rate (eGFR), glucose, hemoglobin, total cholesterol, platelet count, fluoroscopy time, contrast volume
6-9 months	Age, statin therapy, beta-blocker, glucose, hemoglobin, total cholesterol, platelet count, contrast volume
10-12 months	Age, eGFR, glucose, total cholesterol, fluoroscopy time, contrast volume
13-18 months	Age, acute coronary syndrome between index PCI and 13 months after PCI, angina, beta-blocker, eGFR, glucose, hemoglobin, total cholesterol, platelet count, fluoroscopy time, contrast volume

Table S3. Univariable Comparison of Excluded versus Included Subjects.

	Excluded	Included	
Risk factor	n=4,640	n=40,882	p-value
Age, mean(SD)	66.3 (9.2)	65.2 (8.8)	<.0001
Male, n(%)	4,574 (98.6)	40,211 (98.4)	0.2629
Anemia, n(%)	1,326 (28.6)	7,924 (19.4)	<.0001
Angina, n(%)	1,857 (40.0)	12,832 (31.4)	<.0001
CHF, n(%)	1,645 (35.5)	9,621 (23.5)	<.0001
CKD, n(%)	1,186 (25.6)	7,113 (17.4)	<.0001
COPD, n(%)	1,679 (36.2)	12,491 (30.6)	<.0001
Diabetes + Insulin, n(%)	2,047 (44.1)	14,398 (35.2)	<.0001
Diabetes + OralHyp, n(%)	2,136 (46.0)	16,751 (41.0)	<.0001
Htn, n(%)	4,298 (92.6)	36,715 (89.8)	<.0001
PAD, n(%)	548 (11.8)	2,587 (6.3)	<.0001
Cancer+Chem/Rad, n(%)	225 (4.8)	1,623 (4.0)	0.0040
Prior MI, n(%)	914 (19.7)	3,034 (7.4)	<.0001
Prior CABG, n(%)	167 (3.6)	1,415 (3.5)	0.6268

Table S4. Sensitivity analysis restricting outcomes to within 2 years of each time period.

Short-Term Outcomes within 2 Years

Death

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	7.65	3.49	2.71	2.37	3.09	2.54	2.22	2.90
6-9	Start Month + 24m	8.61	3.35	2.95	2.61	3.32	2.86	2.53	3.23
10-12	Start Month + 24m	3.13	3.41	1.02	0.93	1.12	1.07	0.97	1.17
13-18	Start Month + 24m	3.28	4.00	1.01	0.94	1.08	1.07	0.99	1.15

Myocardial Infarction

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	2.73	4.26	0.82	0.66	1.03	0.80	0.64	1.00
6-9	Start Month + 24m	2.89	3.07	1.07	0.87	1.32	1.04	0.84	1.29
10-12	Start Month + 24m	1.62	2.95	0.64	0.56	0.73	0.65	0.57	0.74
13-18	Start Month + 24m	2.15	3.47	0.84	0.76	0.92	0.87	0.79	0.95

Major Bleeding

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	2.38	2.48	1.12	0.88	1.43	1.07	0.84	1.36
6-9	Start Month + 24m	2.42	1.92	1.41	1.12	1.76	1.32	1.05	1.67
10-12	Start Month + 24m	1.33	1.77	0.87	0.75	1.00	0.89	0.77	1.03
13-18	Start Month + 24m	1.28	2.10	0.80	0.71	0.90	0.83	0.74	0.94

Cardiac Death

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	3.18	1.49	2.60	2.12	3.19	2.54	2.06	3.12
6-9	Start Month + 24m	2.78	1.41	2.26	1.83	2.79	2.23	1.80	2.75
10-12	Start Month + 24m	1.04	1.41	0.84	0.71	0.99	0.88	0.74	1.03
13-18	Start Month + 24m	1.11	1.72	0.82	0.72	0.92	0.87	0.76	0.98

Vascular Death

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	0.38	0.16	3.03	1.71	5.36	2.99	1.68	5.33
6-9	Start Month + 24m	0.70	0.13	5.33	3.53	8.04	5.14	3.37	7.84
10-12	Start Month + 24m	0.15	0.13	1.26	0.83	1.91	1.30	0.86	1.98
13-18	Start Month + 24m	0.15	0.14	1.21	0.85	1.74	1.34	0.93	1.93

Non-Cardiovascular Death

		DAPT DC	On DAPT	Crude			IPTW Adjusted		
Start Mor End Date		Events/ 1,000 PM	Events/ 1,000 PM	Hazard Ratio	95% Confidence Limit		Hazard Ratio	95% Confidence Limit	
1-5	Start Month + 24m	4.16	1.91	2.71	2.27	3.24	2.44	2.03	2.92
6-9	Start Month + 24m	5.25	1.86	3.26	2.80	3.81	3.14	2.68	3.68
10-12	Start Month + 24m	1.93	1.88	1.13	1.00	1.28	1.18	1.04	1.33
13-18	Start Month + 24m	1.99	2.01	1.17	1.06	1.28	1.23	1.11	1.35

Table S5. Interaction models assessing DAPT discontinuation within subgroups of patients with PCI for acute coronary syndromes.

Interaction of ACS at Index (7-days before to 14-days after index)

Death							
Start Months	Index ACS			No Index ACS			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	
1-5	6.864	3.690	1.96 (1.70, 2.28)	6.725	3.398	2.15 (1.79, 2.58)	0.7145
6-9	7.467	3.626	2.17 (1.90, 2.48)	7.194	3.360	2.25 (1.91, 2.65)	0.9426
10-12	3.207	3.733	0.95 (0.87, 1.03)	2.978	3.533	0.92 (0.84, 1.01)	0.6808
13-18	3.358	4.184	0.92 (0.86, 0.98)	3.487	3.738	1.03 (0.96, 1.11)	0.0282

Major Bleed							
Start Months	Index ACS			No Index ACS			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	
1-5	1.868	1.867	0.93 (0.71, 1.22)	2.309	1.490	1.50 (1.10, 2.05)	0.0236
6-9	1.815	1.631	1.04 (0.80, 1.36)	1.929	1.301	1.38 (1.02, 1.87)	0.2234
10-12	1.136	1.605	0.79 (0.68, 0.91)	1.007	1.284	0.86 (0.74, 1.01)	0.4069
13-18	1.149	1.850	0.76 (0.68, 0.85)	1.110	1.390	0.91 (0.80, 1.04)	0.0392

MI							
Start Months	Index ACS			No Index ACS			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	IPTW Hazard Ratio (95% CL)	
1-5	3.256	3.655	0.90 (0.73, 1.10)	2.218	1.913	1.19 (0.87, 1.62)	0.4614
6-9	2.931	2.864	0.99 (0.80, 1.22)	1.984	1.849	1.10 (0.82, 1.47)	0.7023
10-12	1.924	2.838	0.76 (0.68, 0.85)	1.282	1.890	0.75 (0.66, 0.86)	0.9640
13-18	2.197	3.220	0.83 (0.76, 0.90)	1.555	2.076	0.88 (0.79, 0.98)	0.4104

Table S6. Interaction models assessing DAPT discontinuation within subgroups of patients according to use of anticoagulants.

Effect Modification: Anticoagulation

Death

Start Months	Anticoagulant			No Anticoagulant			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	
1-5	8.921	4.574	2.13(1.60, 2.83)	4.175	2.573	2.04 (1.77, 2.34)	0.0121
6-9	15.627	7.136	1.74 (1.37, 2.20)	5.372	2.935	2.26 (2.00, 2.55)	0.2485
10-12	7.354	7.683	1.00 (0.85, 1.17)	2.533	3.121	0.87 (0.80, 0.94)	0.0006
13-18	7.279	7.352	1.00 (0.88, 1.14)	2.849	3.376	0.93(0.87, 0.99)	0.0586

Major Bleed

Start Months	Anticoagulant			No Anticoagulant			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	
1-5	2.819	2.310	1.45 (0.97, 2.17)	1.296	1.287	1.06 (0.82, 1.38)	0.0418
6-9	3.556	3.357	0.84 (0.53, 1.32)	1.574	1.301	1.26 (1.00, 1.59)	0.8957
10-12	2.804	3.266	0.88 (0.68, 1.14)	0.944	1.338	0.75 (0.66, 0.86)	0.1970
13-18	2.865	3.306	1.02 (0.83, 1.26)	0.980	1.474	0.74 (0.67, 0.82)	0.0011

MI

Start Months	Anticoagulant			No Anticoagulant			Interaction Term p-value
	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	DAPT DC # Events/ 1,000 PM	On DAPT # Events/ 1,000 PM	Hazard Ratio (95% CL)	
1-5	3.637	3.788	1.27 (0.82, 1.97)	2.440	2.269	1.05 (0.87, 1.28)	0.5269
6-9	3.510	3.911	0.82 (0.51, 1.31)	2.530	2.298	1.10 (0.90, 1.33)	0.6034
10-12	2.897	4.104	0.88 (0.68, 1.14)	1.546	2.333	0.74 (0.67, 0.81)	0.0824
13-18	2.888	4.379	0.93 (0.76, 1.15)	1.903	2.559	0.83 (0.77, 0.90)	0.6123

Figure S1. Event curves in subgroups of clopidogrel versus ticagrelor or prasugrel.

