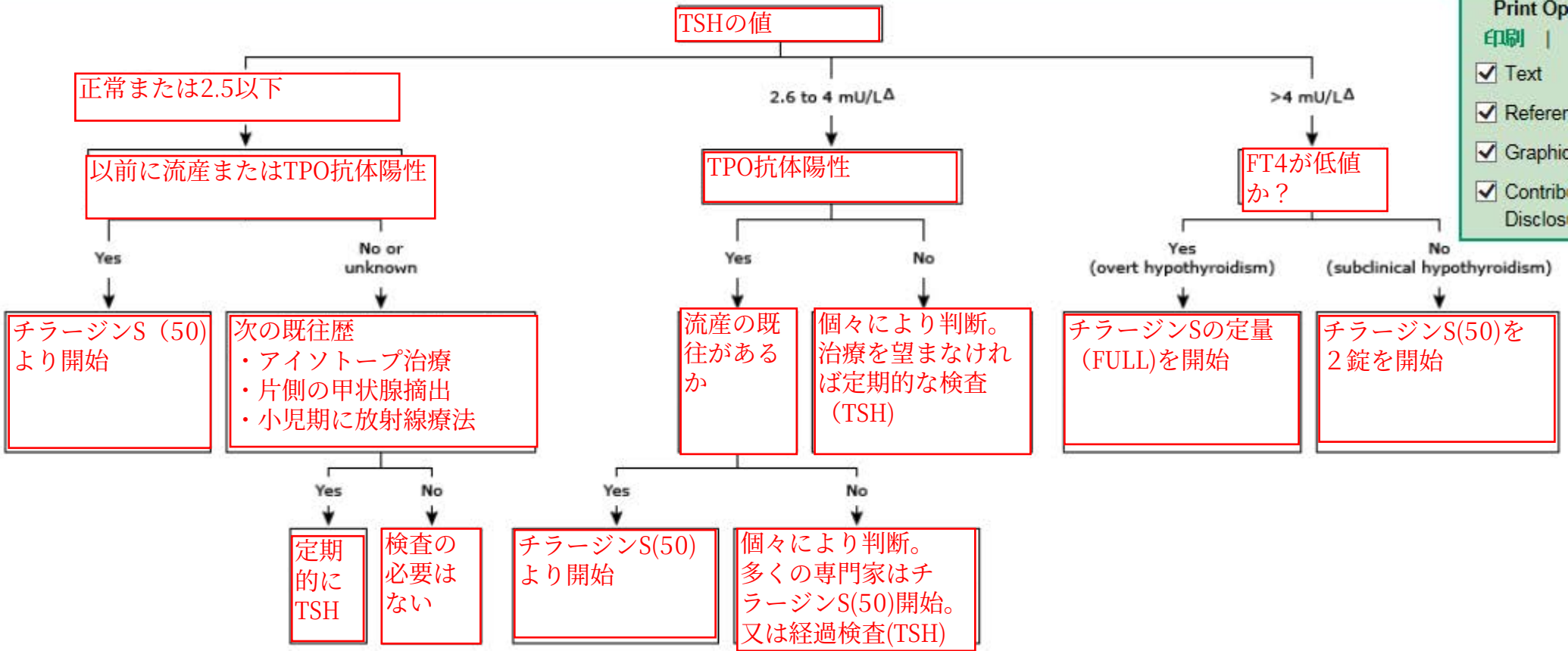Management of pregnant women with or at risk for hypothyroidism