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Higher Serrated Polyp Detection Rates Are Associated With Lower Risk of Postcolonoscopy Colorectal Cancer: Data From the New Hampshire Colonoscopy Registry

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Abstract

INTRODUCTION:

We used New Hampshire Colonoscopy Registry data to examine the association between postcolonoscopy colorectal cancer (PCCRC) and sessile serrated detection rates (SSLDRs).

METHODS:

We included patients with either a colonoscopy or a CRC diagnosis in the NH State Cancer Registry. PCCRC was any CRC diagnosed \geq 6 months after index examination.

RESULTS:

Of 26,901 patients, 162 were diagnosed with PCCRC. The hazard ratio for PCCRC was lowest for patients whose endoscopists had the highest SSLDR quintile ($\geq 6\%$) (hazard ratio 0.29; 95% confidence interval 0.16–0.50).

DISCUSSION:

Endoscopists with higher SSLDRs had lower risks of PCCRC. These data validate SSLDR as a clinically relevant quality measure.

Endoscopist SSLDR and Post Colonoscopy CRC Risk

Sessile serrated lesion Detection Rate (SSLDR)							
		<1.0	1.0-<2.0	2.0-<4.0	4.0-< 6.0	6.0+	
Unadjusted	%	1.4%	0.6%	0.6%	0.4%	0.3%	M
risk	N	58/4117	46/8075	22/3950	18/4011	18/6748	
Adjusted	HR	1.0	0.41	0.45	0.38	0.29	
Hazard	95% CI	Ref	0.28-0.61	0.27-0.75	0.22-0.66	0.16-0.50	

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SSLDR of 6% or greater provided optimal protection from PCCRC

[Anderson] et al. Am J Gastroenterol. [2023]. [doi:10.14309/ajg.00000000002403] All icons above are from [source name/url].

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